



# PASADENA UNIFIED SCHOOL DISTRICT

## CHILD WELFARE, ATTENDANCE & SAFETY

### Mental Health Services

## Resource List

MENTAL HEALTH SUPPORT SERVICES		
Crisis Text Line	Text LA to 741741 www.facebook.com/crisistextline www.crisistextline.org	Those experiencing crisis are encouraged to text LA to 741741 or reach a Crisis Counselor through Facebook Messenger. Counselors are available 24/7 and will respond quickly to help the texter out of their moment of crisis and to start creating a safety plan. This service is free and confidential.
Department of Mental Health Hotline	(800) 854-7771	Screening, assessment, referral, crisis counseling
D'Veal Family and Youth Services	(626) 296-8900	Services: Alive and Free, Family Preservation, Fatherhood, Juvenile Hall, Mental Health, Foster Care services, TBS, Evidence-based and School-based models, Wraparound
Five Acres	(626) 993-3100	Services: permanency, therapeutic, residential, educational, community based
Foothill Family	(626) 993-3000	Services: mental health, counseling, child abuse prevention and treatment, services for families with children 0-5, domestic violence prevention and treatment, prevention and early intervention services
Hathaway Sycamores	(626) 395-7100	Services: learning lab, wraparound, family resource center, transitional independent living services, TBS, center for grief and loss, residential/home/school based services, outpatient psychiatric services
Hillsides	(626) 274-3065	Services: Residential mental health treatment for children, education center, family resource center, Youth Moving On (transitioning to adulthood)
LA County Suicide Prevention Hotline	(877) 727-4747 (626) 577-6697	Crisis Line
National Alliance on Mental Illness (NAMI)	NAMI Helpline/Lifeline: (800) 950-NAMI	Nationwide grassroots advocacy group representing people affected with mental illness. Provides education and advocacy by shaping public policy.
Pacific Clinics	(877) 722-2737	Services: Behavioral and mental health care, prevention and early intervention, support programs, integrated health
Parents Families and friends of Lesbian and Gays (PFLAG)	(626) 817-3524	Promotes the health and well-being of LGBT persons, their families, and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy.
Pasadena Mental Health Center	(626) 798-0907	Services: counseling, support groups, parenting classes, youth accountability for first time youth offenders, family preservation, victims of crime counseling services
Pasadena Police HOPE Team (Homeless Outreach Psychiatric Evaluation)	(626) 744-4241 (626) 744-7054	Provide mental health and law enforcement emergency response to those in need of mental health, housing, and related social service.
Pasadena Unified School District Mental Health Services	(626) 396-5920	School based counseling services aimed at the prevention or intervention of problem areas such as school performance, behavior, trauma/loss, medical/physical, emotional, and social.
Project Wraparound- City of Pasadena Public Health Department	(626) 744-7348	Provide short-term mental health interventions for individuals and groups; provide family care coordination, linkage to culturally and linguistically sensitive long-term services. Services are free of charge. For youth 0-21.
Psychiatric Mobile Response Team (PMRT)	(626) 430-2901	County mental health crisis evaluation team for suicidal and homicidal students
Teen Line	(800) 852-8336	Teens helping teens call line
Trevor Line- LGBT Youth Support	(866) 488-7386	Services: Crisis intervention, suicide prevention trainings and resources, community resources, advocacy
Young and Healthy	(626) 795-5166	Community-based provider of comprehensive direct medical, dental, mental health and other health services, free-of-charge, to uninsured low-income children